



ROYAL ROADS
UNIVERSITY STUDENT ASSOCIATION



MARCH 2021: ISSUE #7
SPRING REBIRTH & ONE YEAR LIVING IN A PANDEMIC

IMPORTANT RRUSA DATES

Next Council Meeting:
April 1, 2021
Zoom Meeting - 7 pm - 8:30 pm

Last Council Meeting: March 4, 2021
Minutes can be found [here](#)

FREE TAX WEBINAR

Looking for some tax advice?

RRUSA is hosting a financial webinar on **Thursday, April 8, 2021 at 4 pm (PST)**. This session is open to all students. It will be led by Ali Basiri, Senior Marketing Director/ Executive Manager at World Financial Group.

Where? Zoom - <https://us02web.zoom.us/j/86738374514>

Topics covered:

- Canadian tax system
- Different streams of income
- How the tax is calculated for different types of income
- General overview of deductions at source

SPRING GATHERING: LIVE MUSIC!

Welcome spring and Nowruz with a celebration! Enjoy some Persian traditional Live Music on **Sat, March 27, 2021 at 10:30 am - 11:30 am (PST)**. More info can be found [here](#)

SEND US YOUR WORK!

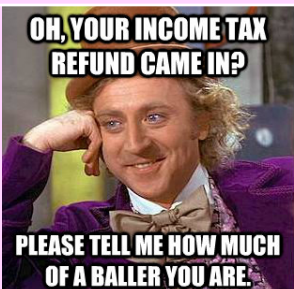
Have something you think everyone would love to see or read?

We would love to hear from you - send us your:

- * Funny memes
- * RRU Stories and/or Experiences
- * Creative Artwork or Photography

Email us at:

RRUSA-VPCcommunications@royalroads.ca



HAPPY SPRING!

We can officially say that we've been living in a pandemic for a year and for many of us, it meant shifting to virtual environments. While studying or working from home is great, it can pose some problems in finding a balance within your life like physical health and mental wellness. If you need help on how to strike a healthy balance we got some great resources that might do the trick:

- [Recreation Centre](#) - Book a free 30-minute session with a representative to get an orientation of the gym (if you're in Victoria) and learn how to plan a workout and eat healthily
- RRU provides [counselling services](#) for students who may be facing challenges in their life and need support for their mental health

8 IDEAS FOR A PANDEMIC-STYLE SPRING BREAK

Wondering what you can do for spring break in 2021? Between regular cancelled spring break plans, Zoom university and being cooped up from the pandemic for a year, you probably need a break or a change of scenery. At the same time, we can't just take off on a trip overseas.

[Get ideas for local activities you can do during spring in 2021.](#)

Are you ready for an international hybrid summer school experience?

Already curious? Watch our short clip [here](#).

Graz International Summer School Seggau 2021 (GUSEGG):
Castle in the Cloud/s

For internationally oriented, highly motivated students from all disciplines and all levels.



Stability, Security, and Happiness:
State – Society – Religion

July 4 – July 10, 2021
Seggau Castle, Leibnitz, Austria & Around the Globe

- 1-week summer university
- Lectures, 6 individual seminars, evening events
- Discussions and networking opportunities with international lecturers and students
- 6 ECTS credits for participation and seminar paper
- Developing skills in public speaking, academic, and creative writing
- Publishing opportunity in *Off Campus: Seggau School of Thought* publication series
- All-inclusive package (tuition, meals, accommodation, extra-curricular program – for students at the University of Graz only!)

Application Deadline: **March 30, 2021**

Detailed information about the summer school program:

[GUSEGG & GUSEGG Research Hub - Büro für Internationale Beziehungen \(uni-graz.at\)](#)

[Graz International Summer School Seggau](#)

[@gusegg_graz](#)

“Royal Roads University acknowledges that the campus is located on the traditional lands of the Xwsepsum (Esquimalt) and Lkwungen (Songhees) ancestors and families who have lived here since time immemorial.

This land has been part of the fabric of the life of Indigenous communities long before Hatley Castle was built, and it will be long into the future. It is with gratitude that we now learn and work here, where the past, present and future of Indigenous and non-Indigenous students, faculty and staff come together.”



@rrusaed



Royal Roads University Student Association



www.rrusa.ca