



September 2020: Issue #1
Council Elections & Online Learning

Important RRUSA Dates

- **Nomination Period:**
Oct 1-11th

- **Election Period:**
Oct 13-27th

- **Annual General Meeting:**
Nov 13th @5:30pm-8:30pm
(mandatory for elected council members)

- **Annual Training Retreat:**
Nov 14th & 15th @10:00am-2:00pm (mandatory for elected council members)



Above: RRUSA members at event last year. Stay tuned for updates on upcoming online events!

International News: Earth's Overshoot Day

July 29, 2020 was this year's Earth Overshoot Day, the earliest since the 1970's. Overshoot Day is the day of the year that humans on earth have used all of the Earth's natural resources that it could sustainably provide in one year.

We are using resources 1.75 times faster than is sustainable. Things must change. Earth's Overshoot Day was broadcasted across social media and got the attention of people worldwide. There are solutions but we must act now.

To read more about Earth's Overshoot Day and to calculate your ecological footprint calculator, check out this link: [Earth Day](#)

Join the Executive Council!

Q & A

What is RRUSA?

The Royal Roads University Student Association (RRUSA) is the undergraduate student association. RRUSA has many roles including providing a voice to undergrads, being a liaison between students and Royal Roads University about important issues, offering activities and events, and administering the extended healthcare plan.

How is the council formed?

The executive council is elected! You nominate yourself for a position and then the representatives are voted on by RRUSA members.

What are the Positions?

The elected executive council positions are: President, Vice-President (VP) Engagement, VP Executive Administration, VP Communications, VP On Campus, VP Online, VP Finance, and the Indigenous Student Representative. There are also Program Representative positions from Bachelor programs!

Why should people join the council?

Students should join the council because it is an incredibly rewarding experience to be able to make real changes and a difference in your community. You learn so much from the valuable opportunity to work with such a diverse group from various academic and personal backgrounds. Overall, the experience is incredibly rewarding, it helps you and your community grow.

For more information about the elections go to www.rrusa.ca



Above: The 2019-2020 RRUSA Executive Council photo.

Below: The council in meeting.



ONLINE LEARNING TIPS FROM RRUSA MEMBERS!

TIP 1: HAVE A CALENDAR ON YOUR WALL AND WRITE ALL CLASS TIMES & DUE DATES ON IT

TIP 2: GET FULLY DRESSED AND READY FOR THE DAY AS IF ONLINE CLASS WAS IN A REAL CLASSROOM

TIP 3: ALWAYS KEEP A WATER BOTTLE AND SOME SNACKS NEARBY YOUR DESK

TIP 4: REACH OUT WHEN YOU NEED HELP!

"Royal Roads University acknowledges that the campus is located on the traditional lands of the Xwsepsum (Esquimalt) and Lkwungen (Songhees) ancestors and families who have lived here since me immemorial.

This land has been part of the fabric of the life of Indigenous communities long before Hatley Castle was built, and it will be long into the future. It is with gratitude that we now learn and work here, where the past, present and future of Indigenous and non-Indigenous students, faculty and staff come together."



@rrusaed



Royal Roads University Student Association



www.rrusa.ca